

**10KM**

10km

<b>Pos</b>	<b>Name</b>	<b>Club</b>	<b>Age Class</b>	<b>Time</b>
1st	Matthew Brown			49:29
2nd	Eddy Thompson			50:31
3rd	Frederick Holiday			51:40
4th	Darren Flynn			52:31
5th	Scott Gowland			52:32
6th	Jack Lapping			53:02
7th	Matt Fletcher			53:56
8th	Frank Shillitoe	NATO		54:01
9th	Graham White			54:55
10th	Thomas Jewitt			56:33
11th	Kelly Cain			57:05
12th	Jack Kinrade			57:19
13th	Matthew Moffat			58:40
14th	Matthew Keating			59:23
15th	Adam Haughton	Lady and the Tramps		59:31
16th	Michael Patrick			60:33
17th	Terence Ward			60:52
18th	Dan Renwick	Scrambled Legs		61:19
19th	Stewart Sanderson	Scrambled Legs		61:20
20th	Paul Britten	Warriors Call		61:42
21st	Joanne De Berry			61:46
22nd	Joe Gill	Warriors Call		61:50
23rd	John Phizacklea			62:06
24th	Bradley Craggs			62:24
25th	Anthony Armstrong			62:46
26th	Jack Coyle			62:57
27th	Liam McCracken			63:32
28th	Matthew Grimmond			64:18
29th	Steve Robson			65:36
30th	Dan Proud			65:58
31st	Alan Gibb			65:59
32nd	Nicola Moorland			66:43
33rd	Calvin Hillary			67:24

34th	Andrew Johnson		68:12
35th	Jamie Barrett	Lady and the Tramps	68:37
36th	Andrew Digiolomo		68:59
37th	Connor Gibbin		69:10
38th	Chris Stocker		69:20
39th	David Kaye		69:25
40th	Carl Forster	Scrambled Legs	69:59
41st	Test		70:00
42nd	Shaun	Scrambled Legs	70:14
43rd	Ross Thompson	Scrambled Legs	70:19
44th	Chris Ellis		70:33
45th	Mark Jackson		70:34
46th	Tasmin Fletcher		70:57
47th	Jo Sylvester		71:19
48th	Stuart Heslop		71:41
49th	Gavin Heslop		72:03
50th	Liam Swallow	Lady and the Tramps	72:21
51st	George Armstong	Lady and the Tramps	72:40
52nd	Dave Smith		72:54
53rd	Daniel Dodds		72:56
54th=	Glen Harrison		73:04
54th=	Steven Winter		73:04
56th	Kevin Young		73:09
57th	Shaun Heppell	Mudder Brudders	73:26
58th	David Grimes	Drunken Monkeys	73:37
59th	Kevin Dowden	Mudder Brudders	73:48
60th	Jack McArthur	Drunken Monkeys	73:49
61st	Darren Dorritt	Drunken Monkeys	73:50
62nd	Richard Spence	Mudder Brudders	73:51
63rd	David Newton		73:52
64th	Mark Elliott	Mudder Brudders	74:07
65th	James McKenzie	The Mucky Seven	75:00
66th	David Stokoe	Scrambled Legs	75:15
67th	Steven Blair		75:24
68th	Stephen Ridley		76:51
69th	Justine McDonald		78:12
70th	Ruth Forster		78:43

71st	Chris Grant	Simpson Sliders	81:14
72nd	Chris Grieve		83:09
73rd	Nadine Mushet		83:11
74th	Simon McCabe	Bobbies Bread Buns	83:25
75th	Steven Bell		83:40
76th	Steve Burns	Simpson Sliders	83:50
77th	Adam Terry	Simpson Sliders	85:00
78th	Craig Thompson		85:04
79th	Scott Ritchie	DC Gladiators	86:35
80th	Ken Johnson	DC Gladiators	86:38
81st	Natalie Richards	Lady and the Tramps	86:39
82nd	Christopher Taylor	DC Gladiators	86:40
83rd	John Armstrong	Lady and the Tramps	86:42
84th	Stephen Robson	Bobbies Bread Buns	86:56
85th	Craig Birrell	Bobbies Bread Buns	87:04
86th	David Clough	Drunken Monkeys	87:27
87th	Jim Dawson	Drunken Monkeys	87:32
88th	Darren Mitchell		88:04
89th	Paul Green	Warriors Call	88:21
90th	Colin Armstrong	Warriors Call	88:26
91st	Wesley Welch	Warriors Call	88:36
92nd	Darren Mcgin	Bobbies Bread Buns	89:05
93rd	Jayne Mearns		89:49
94th	Laurie Crowe		89:51
95th	Kelly Garrett		90:30
96th	Caroline Murray		90:55
97th	Mark Hurson		91:01
98th	Peter Green	Simpson Sliders	91:34
99th	Nathan Sandy		91:37
100th	Rebecca Felton		91:57
101st	David Dowson	Simpson Sliders	93:30
102nd	Lousie Harrison		93:33
103rd	Anthony Blackmore		93:37
104th	Monika Rudnik	Simpson Sliders	93:53
105th	Andy Massie	The Mucky Seven	94:03
106th	Carolyn Brooks	The Mucky Seven	94:07
107th	Jenny Hull		94:13

108th	Rhiannon Haley		96:54
109th	Phil Pugh	The Mucky Seven	97:00
110th	Paula McKenzie	The Mucky Seven	97:06
111th=	Michelle Castro		97:07
111th=	Rachel Cunningham		97:07
113th	Christine Eastman		97:12
114th	Layla Grant		97:22
115th	Faye Thompson		97:25
116th	Alex Pugh	The Mucky Seven	97:27
117th	Kate Speed	The Mucky Seven	97:36
118th=	Jonathan Mcdougall		98:29
118th=	Paul Gray		98:29
120th	Michelle Atkinson		98:56
121st	Michelle Cahill		98:57
122nd	Fabricio De Brito		98:59
123rd	Kenneth Thorne		99:02
124th	Pam Nagle		99:28
125th	Danny Patterson		99:44
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125th	Chris Blair		99:44
=			
127th	Alexander Treloar	Blaydon Battlers	100:4 1
128th	Neil Coram	Blaydon Battlers	101:2 3
129th	Beverley Treloar	Blaydon Battlers	101:2 5
130th	Andrew Haxton	Blaydon Battlers	101:5 9
131st	Daniel Boyle	Blaydon Battlers	102:0 8
132nd	Melisa Timms	Blaydon Battlers	102:1 0
133rd	Sarah Hopper	Simpson Sliders	104:4 1
134th	Rachel Garvin	Simpson Sliders	105:1 6
135th	Katarzyna Swist-Szulik		111:03
136th	Kelly Marshall	Simpson Sliders	121:4 3

137th	Sarah Tishler	Simpson Sliders	123:2 3
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## 5KM

5km, 0 controls

Pos	Name	Club	Age Class	Time
1st	Oliver Crowther			39:00
2nd	Ian Simmons			40:28
3rd=	Michael Hawkins			45:00
3rd=	Dale Ingham			45:00
5th	Philip Baldwin			46:48
6th=	Kirsty Davies Walters			46:54
6th=	Tim Gerrard			46:54
8th	Paul Boyles	NATO		47:30
9th	Elaine Gibb			48:25
10th	Tim Jenkins	NATO		50:59
11th	David Foster			51:29
12th	Amanda Harbour			53:42
13th	David Ashburn			53:46
14th=	David Foster	Colin's Stag Run		57:21
14th=	Garry Fyfe	Colin's Stag Run		57:21
16th	Paul Rowland	Colin's Stag Run		58:01
17th	Steven Elliott			58:31
18th	Kirstie Miller			58:39
19th	Karen Robinson			58:49
20th	Billy Maitland	Team Quantum		60:40
21st	Rachel Maitland	Team Quantum		60:45
22nd =	Catherine Lightfoot	Team Quantum		61:12
22nd =	Kevin Brown	Team Quantum		61:12
24th	Charlotte Paul			61:21
25th	Emma Laws			61:31
26th	Emma Storey			61:32
27th=	Barney Rookwood			61:33
27th=	Beth Rookwood			61:33
29th	Alex Hulme	Team YOLO		62:13
30th	Helen Hulme	Team YOLO		62:43

31st	Simon Hamilton		64:19
32nd	Richard Robson	Colin's Stag Run	65:23
33rd	Lynn Clark	Tyne Valley Twerkers	66:32
34th	Denise Lee		66:34
35th	Kate Henderson	Tyne Valley Twerkers	66:37
36th=	Anne Henderson	Tyne Valley Twerkers	66:41
36th=	Andrew Blackburn	Colin's Stag Run	66:41
38th	Michele Philp	Tyne Valley Twerkers	66:46
39th=	Lindsay Lamb		66:59
39th=	Michelle Barclay		66:59
41st	Diane Fleming		67:18
42nd	Janet Lawrence		67:26
43rd	Gemma Dadamo		67:32
44th=	Ellen Brim		67:49
44th=	David Bettelay	Team YOLO	67:49
46th	Ingrid Tinker	Team YOLO	68:00
47th	Emma Wilkinson	Team YOLO	68:04
48th	Martin Wilkinson	Team YOLO	68:14
49th	Natasha Robson		69:11
50th	Emma Henderson		69:20
51st	David Yellowley		70:45
52nd	Alex Yellowley		70:50
53rd	Farrell Canning		70:53
54th	Bridgette Dodinson		70:54
55th	Beth Paxton		70:57
56th	Stephanie Sinclair		72:12
57th	Alex Dalton		72:13
58th	Emma Storey	The Mud Rats	72:30
59th	Helen Staples	The Mud Rats	73:00
60th	Steven Knowles		73:38
61st	Stephanie Crawford		73:52
62nd	Alex Partington	Team YOLO	75:52
63rd	Becky Murray	Mucky Flappers	78:58
64th	Dean Readman	Colin's Stag Run	79:13
65th	Joseph Blackburn	Colin's Stag Run	79:14
66th	Carly Storey	Mucky Flappers	79:25
67th=	Jeni Mccourt	Mucky Flappers	79:26

67th=	Katherine Pledger	Mucky Flappers	79:26
69th	Colin Elrick	Colin's Stag Run	80:08
70th	Emma Hedley	Mucky Flappers	81:56
71st	Claire Erington	Team YOLO	82:04
72nd	Kate Field	Team YOLO	82:20
73rd	Zoe Dixon	Team YOLO	82:22
74th=	Charlotte Terry	Team YOLO	82:27
74th=	Gavin Tinker	Team YOLO	82:27
76th	Gillian Ghassemzadeh	Team YOLO	82:37
77th	Helen Orrell	Tyne Valley Twerkers	91:09
78th=	Charlotte Paul	The Mud Rats	91:57
78th=	Kate Sill		91:57
80th	Nicola McNamara	The Mud Rats	91:59
81st	Lorraine Smith		106:2 1